

26 SEPTEMBER

Join the CHALLENGE

Commit to no use of any plastic item

#usenoplastic

Each year, **300 million tons** of plastic is produced.
Half of it is disposable and only **10-13% is recycled** worldwide.

How can we do this ...

- 1** Takeaway cups and plastic water bottles, Bring your own water reuseable bottle Fyi, it works for both hot & cold drinks!

- 2** Plastic cutlery, bring your own reusable cutlery from home - you know you won't find any in the kitchen at work!

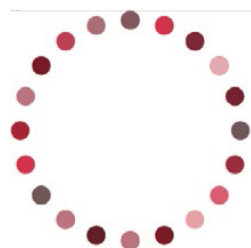
- 3** Plastic wrapping for a take-away, bring your own reusable container or plate - these can be found in your kitchen at home!

- 4** Straws – bring your reusable straw, otherwise use your mouth and don't be afraid to tilt your head all the way back!

How long does it take for plastic to decompose ...

Glass bottle: 1 million years		Plastic bag 10 to 20 years	
Plastic bottles 450 years		Cigarette butt 1 to 5 years	
Aluminium can 80 to 200 years		Waxed milk cartons 3 months	
Foam plastic cup 50 years		Apple core 2 months	
Tin cans 50 years		Newspaper 6 weeks	
Plastic film container 20 to 30 years		Orange or banana peel 2 to 5 weeks	

SOURCE: www.epa.vic.gov.au/get-involved



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