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Noise training in Environmental Health programs in Australasia – Why are they disappearing and what is the impact?

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What is the most complained about form of pollution? Environmental

Background...



- Review of the undergraduate Environmental Health (EH) specialisation as part of revision of the degree that it sits in at Massey
- Opportunity to look more widely at what are the essential Environmental Health competencies
- Level of expertise of Environmental Health Officers (EHOs) in noise assessment in Australia has been decreasing
- Yet number of noise complaints in urban settings continues to rise and the complexity of noise issues EHOs are expected to deal with, has grown

Background



- Occupational Health and Safety (OHS) generally not considered part of EH in civilian Australasia
- Unlike many other recognised EH competencies, where an EHO is involved in only some stages of the process, for noise assessment, it is common for an EHO to do <u>everything</u>, from data collection to analysis, interpretation and reporting
- Like many areas of EH, there have been significant changes in noise assessment and wider recognition of the adverse health effects of excessive (environmental) noise



Review with respect to noise

- 1. The 'Environmental Health University Course Accreditation Policy' of Environmental Health Australia;
- 2. The International Federation of Environmental Health (IFEH) key competencies for EHOs; and
- 3. The recognition of qualifications in New Zealand, under the 'Environmental Health Officers Qualifications Regulations 1993'.

Australia



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- Environmental Health Australia (EHA) are the accrediting body for University EH programs
- Have a 'Course Accreditation Policy' (revised Dec 2014)
- Contains a framework foundation for education of EHOs
- Universities required to map their program against the 55 *underpinning skills and knowledge* listed, and demonstrate capabilities in their graduates

Science

Western

S1 Introduction to principles of physics as a basis for understanding physical hazards and **acoustics.**







IFEH & IEH Faculty Forum

- Network of environment, health professionals (& academics)
- Primary task to promote the development of EH
- 1998 Started develop of an international curriculum for EH
 - 2008 Discussion Paper on developing an 'International <u>Competence-Based</u> Curriculum' for EH
 - 2009 Considered too narrowly drawn ~ potential exclusion of other processional groups
 - 2010 Revised report to Council ~ more broadly drawn baseline competencies to be displayed and maintained by those working within EH practice
 - 2010 Africa Academy for EH (AAEH) EH Curriculum





- Recognition of qualifications under the 'Environmental Health Officers Qualifications Regulations 1993'
 - Pursuant to section 121 of the Health Act 1956
- Ministry of Health administers the recognition of qualifications under the regulations
- All referenced back to the then, 'National Diploma in Environmental Health Science'
- Curriculum of the diploma (1994) SEH322 Noise Assessment and Control (125 hours)
 - Plus a large practical work requirement

Europe: Environmental Noise



- EU Environmental Noise Directive (END) 2002/49/EC
 - Strategic noise mapping and noise action plans, human resources development through education and training in health risk assessment
 - "Environmental noise is a threat to public health, having negative impacts on human health and well-being"
- WHO Europe
 - 2009: Night noise Guidelines for Europe
 - 2011: Burden of disease from environmental noise

Noise & its Effects on People – Why is it important?



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"Hearing loss caused by occupational or recreational noise exposure is highly prevalent and constitutes a public health threat needing preventive and therapeutic strategies."

"...non-auditory health effects of environmental noise are manifold, serious and, because of the widespread exposure, very prevalent."

Auditory and non-auditory effects of noise on health (The Lancet 2013) <u>www.thelancet.com/journals/lancet/article/PIIS0140-6736%2813%2961613-X/abstract</u>



New Zealand Programs



- Currently two NZ University undergraduate programs that are recognised by the Ministry of Health in meeting the EH Officers Qualifications Regulations 1993
- 1. Bachelor of Science (Health Protection) ~ Internal delivery
 - SCIE503 Biophysics ~ A first year course with a little bit of acoustics
 - Plus a 2-3 hour session by an acoustics consultant on EH noise assessment, usually done at third year
- Bachelor of Health Science (Environmental Health) ~ Blended delivery
 - 214316 Biophysical Effects of Noise and Vibration (250 hours) ~ A full third year course with hands-on practice, field and project work

NZ: Why so vastly different ?



- Original National Diploma in EH was a Polytechnic program with a focus on practice, less on life-long learning and that EH is an evolving field of professional practice
- Incremental revision of programs
 - Each time a revision has been approved as equivalent to what was previously, it moves further away from the National Diploma
- Shortage of EH graduates can pick up noise on the job (CPD)?
- Recognition of many, many, overseas qualification that do not contain noise assessment
- Universities: Expertise and Cost \$\$\$ of delivering noise courses

IFEH cf. IEHFF Curriculum



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IFEH

- Clear from a practitioners point of view that noise assessment is a part of day-to-day practice of Local Authority EHOs
- Core knowledge, skills and competencies to be attained and maintained
- SIG (Special Interest Group) ~ Noise Pollution

IEHFF Draft Curriculum

- Trying to meet the needs of the increasingly wider EH community of (allied) professionals
- Can't cover everything...
- Prepare people with the capacity to learn

Australasia



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What is the impact of (most) recognised tertiary EH programs not covering noise assessment?

- Ill prepared workforce
 - Can perform (the mechanics of) noise assessment but do not have a thorough understanding of the fundamentals
 - Easily confused/convinced by consultant reports
 - Lack of understanding of uncertainty in measurements
 - Can't explain in lay terms what and why...
 - Try taking legal action when it is not supported by the evidence or not taking action because of a lack of confidence (in the evidence)

Conclusions



- The need for EHOs competent in noise assessment and interpretation of noise reports, is greater than ever
- This need is not being met in most tertiary EH qualifications in Australasia
- Complexity of noise issues EHOs deal with, has grown
- CPD/Professional courses available, often miss-matched to need
- Adverse health effects of environmental noise are serious
- Exposure to the fundamentals of noise assessment as part of the initial tertiary qualification, especially if supported with hands-on practice, would seem preferable



Questions ! and comments

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